

## Medications to Avoid

If you are taking any medications on this list, they should be discontinued 2 weeks prior to surgery and only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal – that you are currently taking must be specifically cleared by your surgeon prior to surgery.

### Aspirin Medications to Avoid

*Affect blood clotting.*

4-Way Cold Tabs	Cama Arthritis Pain Reliever	Isollyl Improved Kaodene	Percodan products
5-Aminosalicylic Acid	Carisoprodol Compound	Lanorinal	Phenaphen/Codeine #3
Acetilsalicylic Acid	Cataflam	Ibuprohm	Pink Bismuth
Actron	Cheracol	Lodine	Piroxicam
Adprin-B products	Choline Magnesium	Lortab ASA	Propoxyphene
Aleve	Trisalicylate	Magan	Compound products
Alka-Seltzer products	Choline Salicylate	Magnaprin products	Robaxisal
Amigesic Argesic-SA	Cope	Magnesium Salicylate	Rowasa
Anacin products	Coricidin	Magsal	Roxeprin
Anexsia w/Codeine	Cortisone Medications	Marnal	Saleto products
Arthra-G	Damason-P	Marthritic	Salflex
Arthriten products	Darvon Compound-65	Mefenam Acid	Salicylate products
Arthritis Foundation products	Darvon/ASA	Meprobamate	Salsalate
Arthritis Pain Formula	Diclofenac	Mesalamine	Salsitab
Arthritis Strength BC Powder	Dipenturn	Methocarbarnol	Scot-Tussin Original 5-Action
Arthropan	Disalcid	Micrainin	Sine-off
ASA	Doan's products	Mobidin	Sinutab
Asacol	Dolobid	Mobigesic	Sodium Salicylate
Ascriptin products	Dristan	Momentum	Sodol Compound
Aspergum	Duragesic	Mono-Gesic	Soma Compound
Asprimox products	Easprin	Motrin products	St. Joseph Aspirin
Axotal	Ecotrin products	Naprelan	Sulfasalazine
Azdone	Empirin products	Naproxen	Supac
Azulfidine products	Equagesic	Night-Time Effervescent Cold	Suprax
B-A-C	Etodolac	Norgesic products	Synalgos-DC
Backache Maximum Strength Relief	Excedrin products	Norwich products	Talwin
Bayer Products	Fiorgen PF	Olsalazine	Triaminicin
BC Powder	Fiorinal products	Orphengesic products	Tricosal
Bismatrol products	Flurbiprofen	Orudis products	Trilisate
Buffered Aspirin	Gelpirin	Oxycodonc	Tussanil DH
Bufferin products	Genprin	Pabalate products	Tussirex products
Buffetts 11	Gensan	P-A-C	Ursinus-Inlay
Buffex	Goody's Extra Strength Headache Powders	Pain Reliever Tabs	Vanquish
Butal/ASA/Caff	Halfprin products	Panasal	Wesprin
Butalbital Compound	IBU	Pentasa	Willow Bark products
	Indomethacin products	Pepto-Bismol	Zorprin

**Ibuprofen Medications to Avoid**

*Affect blood clotting.*

Acular (ophthalmic)	Haltran	Nabumetone	Rhinocaps
Advil products	Indochron E-R	Nalfon products	Sine-Aid products
Anaprox products	Indocin products	Naprosyn products	Sulindac
Ansaid	Ketoprofen	Naprox X	Suprofen
Clinoril	Ketorolac	Nuprin	Tolectin products
Daypro	Ibuprin	Ocufen (ophthalmic)	Tolmetin
Dimetapp Sinus	Ibuprofen	Oruvail	Toradol
Dristan Sinus	Meclofenamate	Oxaprozin	Voltaren
Feldene	Meclomen	Ponstel	
Fenoprofen	Menadol	Profenal	
Genpril	Midol-products	Relafen	

**Avoid ALL Diet Aids – Including Over-the-Counter & Herbal**

*Intensify anesthesia, serious cardiovascular effects.*

**Tricyclic Antidepressants to Avoid**

*Intensify anesthesia, cardiovascular effects.*

Adapin	Doxepin	Maprotiline	Tofranil
Amitriptyline	Elavil	Norpramin	Triavil
Amoxapine	Endep	Nortriptyline	Trimipramine
Anafranil	Etrafon products	Pamelor	Vivactil
Asendin	Imipramine	Pertofrane	
Aventyl	Janimine	Protriptyline	
Clomipramine	Limbitrol products	Sinequan	
Desipramine	Ludiomil	Surmontil	

**Other Medication to Avoid**

*Affect blood clotting.*

4-Way w/ Codeine	Dicumerol	Miradon	Stelazine
A.C.A.	Dipyridamole	Opasal	Sulfinpyrazone
A-A Compound	Doxycycline	Pan-PAC	Tenuate
Accutrim	Emagrin	Pentoxyfylline	Tenuate Dospan
Actifed	Enoxaparin injection	Persantine	Thorazine
Anexsia	Flagyl	Phenylpropanolamine	Ticlid
Anisindione	Fragmin injection	Prednisone	Ticlopidine
Anturane	Furadantin	Protarnine	Trental
Arthritis Bufferin	Garlic	Pyroxate	Ursinus
BC Tablets	Heparin	Ru-Tuss	Virbamycin
Childrens Advil	Hydrocortisone	Salatin	Vitamin E
Clinoril C	Isollyl	Sinex	Warfarin
Contac	Lovenox injection	Sofarin	
Coumadin	Macrodantin	Soltice	
Dalteparin injection	Mellaril	Sparine	

**Salicylate Medications, Foods & Beverages to Avoid**

*Affect blood clotting.*

Amigesic (salsalate)	Pabalate	Almonds	Garlic
Disalcid (salsalate)	Pepto-Bismol (bismuth subsalicylate)	Apples	Ginger
Doan's (magnesium salicylate)	Salflex (salsalate)	Apricots	Grapes
Dolobid (diflunisal)	Salsalate	Blackberries	Pickles
Magsal	Salsitab (salsalate)	Boysenberries	Prunes
Pamprin (Maximum Pain Relief)	Trilisate (choline salicylate + magnesium salicylate)	Cherries	Raspberries
Mobigesic		Chinese Black Beans	Strawberries
		Cucumbers	Tomatoes
		Currants	Wine

**Vitamins and Herbs to Avoid**

*Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.*

Ackee fruit	Devil's club	Goldenseal	Muwort
Alfalfa	Dong Quai root	Gotu Kola	Nem seed oil
Aloe	Echinacea	Grape seed	Onions
Argimomy	Ephedra	Guarana	Papaya
Barley	Eucalyptus	Guayusa	Periwinkle
Bilberry	Fenugreek seeds	Hawthorn	Selenium
Bitter melon	Feverfew	Horse Chestnut	St. John's Wort
Burdock root	Fo-ti	Juniper	Valerian/Valerian Root
Carrot oil	Garlic	Kava Kava	"The natural Viagra®"
Cayenne	Ginger	Lavender	Vitamin E
Chamomile	Gingko	Lemon verbena	Willow bark
Chromium	Gingko biloba	Licorice root	Yellow root
Coriander	Ginseng	Ma Huang	Yohimbe
Dandelion root	Gmena	Melatonin	

If you are taking anything not on this list, please call the office at 305-861-8266 to notify us and make sure that it is okay.